



**Mindful Occupational Therapy Services
Mindful OT Inc.**

OT for Kids, Teens & Adults

30 Prospect Street, Suite 201
Newmarket, ON L3Y 3S9

www.mindful-ot.ca

Mindful Occupational Therapy Services

OT for Kids, Teens & Adults

We provide the following treatment programs:

- Printing and Handwriting
- Sensory Integration
- Autism therapy
- Art Therapy
- Feeding Therapy
- Social Emotional Learning
- Mental Health & Trauma
- Concussion Management
- Return to Work
- Job Site Assessment
- HeartMath Intervention

Book your Free Consultation Today! Visit our website for more info.



www.mindful-ot.ca

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